



Boarding School Training Programme

- THE MANUAL -





Table of contents

- Page 2.* Italian Soccer School – Accademia Insegnare Calcio is: comments
- Page 3.* Welcome to Italy
- Page 4.* Meet US
- Page 5.* Getting to know Italy
- Page 11.* Where we are !
- Page 14.* Perugia
- Page 18.* Assisi
- Page 21.* Italian Soccer School – Accademia Insegnare Calcio: “Season Program”
- Page 22.* Studying in Italy
- Page 23.* The Organization of the School System in Italy
- Page 24.* The Liceo Scientifico: “Convitto Nazionale Principe di Napoli” in Assisi
- Page 27.* University for Foreigners Perugia
- Page 32.* ITALIA: “Gente di Calcio”, Soccer People
- Page 33.* The Soccer Program
- Page 34.* The development of the soccer player: the “Pyramid” idea.
- Page 38.* Annex A - General Principles of Conduct
- Page 40.* Annex B - Some moments of our Academy Life
- Page 42.* Dedicated to...
- Page 43.* Contact us
- Page 44.* Italian Soccer School - Insegnare Calcio Academy – Technical Director’s CV



Italian Soccer School - Accademia Insegnare Calcio is:

"listen, learn, achieve"

Mikel ('88 - California USA)

"the 'calcio' experience"

Sam ('86 - Auckland NEW ZEALAND)

"open your mind, control your body, come for a year, remember for a lifetime"

Shane ('90 - Ontario CAN)

"the key to soccer success"

Ryan ('91 - Ontario CAN)

"professional, technical, mental"

Owen ('88 - Massachusetts USA)

"Impossible is nothing. The impossible just one word, not more"

Jozsef ('87 - Salgotarian HUNGARY)

"the quintessential combination at culture, language and soccer. Everything the states can't provide"

Benjamin ('86 - New York USA)

"è l'ora to play football"

Cody ('90 - Nova Scotia CAN)

"live, life, enjoy soccer"

Josè ('92 - Queretaro MEX)

"where soccer becomes calcio"

Aaron ('88 - California USA)

"live, life to the fullest. The ultimate soccer experience"

Clay ('91 - Florida USA)

"open your mind and play the beautiful game"

Nicholas ('90 - New Jersey USA)

..... !!!



WELCOME TO ITALY !

“One of the great soccer nations of the world, a powerhouse of internationally recognized players and coaches”

Welcome to **Italian Soccer School A.I.C. – Accademia Insegnare Calcio**, where tradition, knowledge, competence and results go hand in hand. Our Soccer Academy is pleased and proud to present its program and to be able to offer academy places to International and Italian “players/students” in our full time Soccer Academy Programme.

Italian Soccer School A.I.C. - Accademia Insegnare Calcio provides: “six month-long” and “year-long” soccer boarding schools; summer soccer and language camps, team tour and other options to participate to the Academy’s programs.

Our Academy offers a complete experience, to become immersed in Italian culture and language study; to acquire knowledge in a new way to learn the game of soccer, to improve the capacities, the skills, the experience as a player and as a student. Our staff of professional licensed UEFA coaches, educators and professors, offer this experienced professional knowledge of soccer, after 10 years of technical collaboration with professional club from Italian Serie A and B.

International Soccer camps, Soccer Coaching Symposium, Scouting and Soccer Affiliation programs, that we offered to the international soccer associations, have given to us the necessary and fundamental experience to understand all the necessities of a young foreign soccer player and to find the right keys to build a perfect teaching program, both individual and collective. In regards, we like to think that the coach is like a “tailor” - it is not simply enough to have good material available to make a fine suit, but a good tailor is needed more to custom design all the right pieces so that, the “suit” fits the individual person, the client, the student, the player. In this way, it is our program’s main intention to customize a program meeting the individual needs of our athletes so that they can reach 100% of their capacity.

In the past, as in the future, our goal, our mission will be the development of the student, of the soccer player, of developing maturity in all aspects of life. Our modern and innovative approach, our Italian method, which never forgets to emphasize the enjoyment and the enthusiasm of the game, ensures Italian Soccer School – Accademia Insegnare Calcio is at the forefront of player development to assist us in our mission to achieve technical soccer excellence. We guarantee the highest quality training!

We believe that living, studying and training in foreign country, in Italy, in Perugia, in Assisi is an unforgettable and incomparable experience. The student, the player will never forget this fantastic and unique opportunity and all the benefits which will be embedded within and appreciated for life.

We hope you can join us at Italian Soccer School A.I.C. – Accademia Insegnare Calcio here in Perugia-Assisi and enjoy the unique, soccer, language & culture experience of a lifetime!

Meet the People, Explore the Places, Learn the Italian Culture & Language and Play Calcio, our Goal is your satisfaction!

Sincerely Yours,

Bruno Redolfi
Italian Soccer School A.I.C.
Accademia Insegnare Calcio
Technical Director

(Look at my resume at the end of this Manual)



Meet us

The Italian Soccer School A.I.C.– Accademia Insegnare Calcio program is an exciting opportunity offering young players the unique chance to enhance their soccer and language skills at the same time.

Our “Goal” !

Our academy, even through the collaboration of our partner soccer club, provides professional soccer training combined with quality foreign language instruction and chaperoned cultural excursions in order to maximize a young player’s experience abroad.

Our Academy programs are based on the philosophy that exposure to foreign language, culture and professional soccer training abroad will accelerate personal, social and athletic growth in young people.

Italian Soccer School A.I.C.– Accademia Insegnare Calcio camps provide a very unique experience... a complete package of soccer training and language lessons that have a lasting and positive influence on the participating young player. Italian Soccer School – Accademia Insegnare Calcio is committed to delivering the highest level of language and soccer instruction...in a secure, safe, and nurturing environment.

What is the Italian Soccer School A.I.C. – Accademia Insegnare Calcio “Year-Long” – “Six Month-Long” Soccer Boarding School Program?

First of all, the program is available to both high school and University level students. Our Boarding School Programs are designed for all young and serious soccer players, both boys and girls from 14-22 years old, that desire to develop their “calcio/soccer” abilities over an extended period of time (nine months or six months). Soccer skills are developed simultaneously during a valuable and important immersion in the study of the Italian culture and language through regular courses at a prestigious Italian high school and university for foreigners. All of this under the guidance of our staff of professional licensed UEFA coaches, educators and professors.

The Italian Soccer School A.I.C. – Accademia Insegnare Calcio “year-long” and “six month-long” Soccer Boarding School Programs are full-time academic programs and all school lectures, coaching sessions and social activities, after a first period of acclimatization with the new experience, are conducted in Italian.

The Academic Program coincides with the regular High School and University year, beginning in the second half of September and ending the first two weeks of June of the following year.

The Calcio/Soccer development training sessions are conducted each day after school, with friendly matches, cultural excursions and/or social activities reserved for the weekends. Usually, one day per week is dedicated for studying.

The “Half-Year” and “Year-Long” Soccer Boarding School Programs are an excellent way for young athletes to distinguish themselves as soccer players.

This is a fantastic and unique experience for a new way to learn soccer and culture, making new friends from all over the world and spending an important and extended period in Italy developing one’s own capacities.



Getting to know Italy

A journey into the world of Italian hospitality...

Italian Life: the history, the art, the food, the climate, the hospitality, the sport, il calcio...

ITALIA – Italian Republic



Italy has been the “Home”, the European cradle of culture and of civilization. Italy has been and is a preferred destination of travel writers and poets who have sung in their ways as a place of great charm. Italy is a crossroads of many cultures and different people. It’s a cosmopolitan place for ancient vocation, of language, art and culture. Italy is the Country of imagination and science, the invention and research, it is a place of "lifestyle" for excellence, it is the Country for an amazing holiday, where the climate is mild, and arts and culture are an integral part of life for all. Beauty and taste are a national affair. Italy's capital, Rome, has been the centre of Western Civilization and is the centre of the Catholic Church. Seventy percent of the historic heritage and artistic patrimony of the world resides in Italy. But Italy is also the Country of Soccer, the Country of Football, il Paese del Calcio !.....